

GONAL-f® RFF 75 IU Vial

Supplies : 75 IU Gonal-f® RFF vial of powdered medication, prefilled syringe of diluent, injection needle, alcohol wipes and Sharps container.

- Mixing :
- Pop off the plastic top of powdered medication vial.
 - Swab the top of the vial with an alcohol pad to prevent contamination.
 - Hold the barrel of the prefilled syringe of diluent in one hand. Firmly hold the plastic cap between the thumb and forefinger of the other hand and with a downward motion, gently snap and pull off the cap. If the gray cap remains, simply remove it.
 - Attach the 18 gauge 1 ½" needle to syringe by pushing until tightened and remove needle cap.

NOTE

Hold the base of the needle while removing needle cap.

- Inject all of the contents of the prefilled diluent syringe into the vial of powdered medication.
- Invert, or turn upside down, the syringe as one complete unit. Make sure the tip of the needle is BELOW the liquid level and pull the plunger to withdraw the entire contents of the vial.

NOTE

Withdraw liquid slowly and cautiously to prevent plunger from separating from syringe.

- If you are mixing a single vial, you are now ready for your injection. Withdraw the needle from the vial and carefully recap and replace the mixing needle with the smaller subcutaneous injection needle (usually a ½" needle) and prepare for your injection.

Invert the syringe so the needle is pointing upwards and tap the syringe to force any air bubbles to the top. Depress the plunger to expel the air.

PROCEED TO SUBCUTANEOUS INJECTION INSTRUCTIONS

If Mixing More than One Vial of GONAL-f® RFF 75 IU

- Inject the contents of the syringe (powdered medication mixed with diluent) directly into the next vial of powdered medication, slowly and cautiously. **(Do not use more diluent for additional vials of Gonal-f®RFF 75 IU). This will increase the dosage without increasing the liquid volume.** Rotate the vial between your thumb and index finger until the solution is clear.
- Withdraw the newly mixed Gonal-f® RFF 75 IU from the second vial back into the syringe.
- Invert the syringe so the needle is pointing upwards and tap the syringe to force any air bubbles to the top. Depress the plunger to expel the air. Repeat until you have reached your prescribed vial dosage. Withdraw the medication mixture from the final vial into the syringe and prepare for your injection.

When you are ready for your injection, recap and remove the mixing needle and replace it with a smaller subcutaneous injection needle (usually ½" needle).

PROCEED TO SUBCUTANEOUS INJECTION INSTRUCTIONS

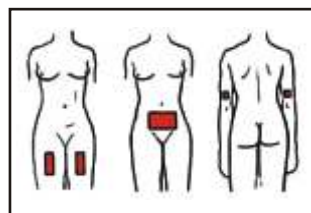
GONAL-f® Multi-Dose 450 IU

Supplies : Prefilled syringe, Multi-Dose vial of medication, injection needle, alcohol wipes and Sharps container

- Mixing :
- Pop off the top of powdered medication of Gonal-f® Multi-Dose.
 - Swab the top of the vial with an alcohol pad to prevent contamination.
 - Remove the cap from the needle and inject all of the contents of the prefilled diluent syringe into the vial of powdered medication. **DO NOT SHAKE VIAL.**
 - After injecting the diluent into the Multi-Dose vial of Gonal-f, dispose of the syringe into the Sharps waste container. It is unnecessary to recap the needle as this could cause injury. **DO NOT USE THIS SYRINGE TO INJECT YOUR DOSE.** Use the specifically marked syringes packaged with the medication.
 - Swab the top of the vial with an alcohol pad to prevent contamination.
 - Firmly insert the needle through the rubber stopper into the vial. Invert, or turn upside down, the syringe as one complete unit. Make sure the tip of the needle is **BELOW** the liquid level and pull the plunger to withdraw the prescribed dose.
 - Withdraw the needle and prepare for your subcutaneous injection.
PROCEED TO SUBCUTANEOUS INJECTION INSTRUCTIONS

Subcutaneous Injection Instructions

- Cleanse your selected SUBCUTANEOUS injection site with an alcohol wipe and allow to dry.
- While holding the syringe with your dominant hand between your thumb and finger (as you would a pencil), pinch the skin (with your other hand) at the site you have selected.
- With a quick, dart-like motion, insert the entire needle (up to the hub of the syringe) at a 90° or a 45° angle and depress the plunger slowly and carefully.
- After the injection is complete, quickly pull out the needle. If bleeding, apply pressure to the injection site with a sterile gauze pad. If stinging occurs after your injection, you may gently massage the injection site to alleviate your discomfort.
- After injecting the medication dispose of the syringe into the Sharps waste container. It is unnecessary to recap the needle as this could cause injury.



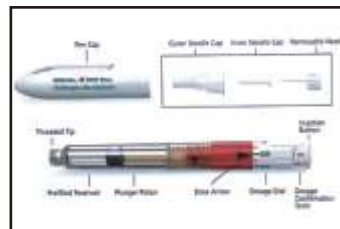
With Gonal-f RFF 75 IU



With Gonal-f
Multi-Dose 450 IU

GONAL-f® RFF Pen Instructions

Supplies : Gonal-f RFF Pen, needle packaged with Pen, alcohol wipes and Sharps container.



Priming of Pen *(Prior to initial use of each pen)*

- Remove pen cap and wipe threaded tip with an alcohol wipe.
- Remove peel tab from outer needle cap and press threaded tip of pen into outer needle cap. Twist pen clockwise until needle is tightened. Pull off and SAVE outer needle cap.
- Turn dosage dial to 37.5 IU. Pull out injection button as far as it will go.
- Remove inner needle cap, point needle upwards and tap pen to force any air bubbles to top and push in injection button completely.
- Hold until a click is heard. A small amount of liquid should appear from needle tip. If no liquid appears, begin priming procedures again.

Injection Instructions

- Remove pen cap and wipe threaded tip with an alcohol wipe.
- Remove peel tab from outer needle cap and press threaded tip of pen into outer needle cap. Twist pen clockwise until needle is tightened. Pull off and SAVE outer needle cap.
- Turn dosage dial to prescribed dose. Make sure that correct dose is lined up with black arrow. Dial can be turned in either direction.
- Load the dose by pulling out injection button as far as it will go. Confirm correct dose by looking at red dosage confirmation scale. The last visible flat red arrow indicates the loaded dose. *(NOTE: If loaded dose is lower than set dose, there is not enough medication to complete dose. Use new Gonal-f RFF Pen to complete dose.)*
- Cleanse your selected subcutaneous injection site with an alcohol wipe and allow to dry.
- Remove outer and inner needle cap and inject needle into skin at a 90° angle and push injection button until it stops clicking. After last click, release pressure on button and count to **five** before removing needle from site.
- Replace outer needle cap onto needle, grip outer needle cap firmly and unscrew pen from needle by turning pen counter-clockwise. Dispose of needle in Sharps container.
- Dispose of pen when empty.

