

FOLLISTIM® AQ CARTRIDGE

For Use With Follistim Pen™



Description: A prefilled, premixed recombinant gonadotropin. Packaged in 300 IU (International Units) and 600 IU cartridges, the Follistim Pen allows the user to dial a specific dose in 25 IU increments from 50 IU to 450 IU per subcutaneous injection.

How it works: It is a gonadotropin that stimulates the ovaries to produce eggs.

Side effects: Side effects may include some local discomfort, bruising and soreness at the injection site. Changes in mood, abdominal discomfort, bloating and cramping, ovarian cysts, breast pain, back pain, constipation and headache are other possible minor side effects. Multiple births occur in about 20-25% of pregnancies of which 70% are twins. Excessive enlargement of the ovaries, called ovarian hyperstimulation (OHSS) may occur. Symptoms of OHSS include excessive fluid retention and severe abdominal discomfort.

Storage: Store Follistim AQ Cartridge at room temperature for 90 days or refrigerate until expiration date. After initial use, medication can be stored refrigerated or unrefrigerated for a maximum of 28 days.

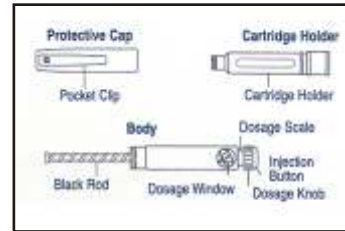
Supplies: Follistim AQ Cartridge, Follistim Pen, BD Micro-Fine Pen needle (packaged with the cartridge), alcohol wipes and Sharps container.

Injection Instructions

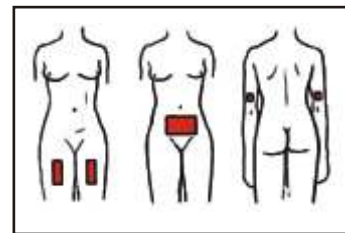
Please use these directions in conjunction with the instructions given to you with the Follistim Pen.

- Pull cap off pen and unscrew pen body, separating pen body from the cartridge holder.
- Clean rubber stopper of cartridge with alcohol wipe and insert into cartridge holder, **rubber stopper end first**. Reconnect pen body and cartridge holder lining up the arrow and square on the pen.
- Clean end of cartridge holder with alcohol wipe and attach a BD Micro-Fine Pen needle. Tighten needle by twisting.

- Cleanse your selected SUBCUTANEOUS injection site with an alcohol wipe and allow to dry.
- Remove OUTER needle shield carefully. Do not discard.
- Remove INNER needle shield carefully.
- Hold Follistim Pen with the needle pointing upwards and dial to prescribed dose.
- While holding the pen with your dominant hand between your thumb and finger (as you would a pen), pinch the skin (with your other hand) at the site you have selected.
- With a quick, dart-like motion, insert the entire needle (up to the hub of the syringe) at a 90° or a 45° angle and depress the injection button (top of pen) all the way down and hold to the count of **five** before pulling the needle out of the skin. Dosage window should display "0".



FOLLISTIM™ Pen parts



- After the injection is complete, quickly pull out the needle. If bleeding, apply pressure to the injection site with a sterile gauze pad.
- If discomfort occurs after your injection, you may gently massage the injection site to alleviate your discomfort.
- After injecting the medication, carefully replace the outer needle shield onto the used needle and twist off and dispose of into the Sharps waste container.
- Never leave needle attached to pen when not in use.

NOTE

If dosage window does not read "0" after injection, this indicates you did not receive the complete dose. Document the amount that appears in the dosage window, replace cartridge and needle, dial pen to the documented amount and inject to complete dosage.

The Follistim AQ Cartridge may be OVERFILLED.

Always note your dosage and follow the instructions given with the Follistim AQ Cartridge.